

## NAVAL STATION NEWPORT MORALE, WELFARE & RECREATION (MWR) John H. Chafee Fitness Center Naval Station Newport. RI



## **COMMAND RESERVATION FORM**

\* Effective June 1, 2020, all reservations must be emailed to chafeereservation@gmail.com, please print all information clearly.

Command/Unit:					
Command/Unit:			Date(s) Requested:		-
Start Time: End Time:		Number or Participants:		ticipants:	
Group Exercise Room is rese participants and MWR Fitness			participants. NOFF	S Zone is reserved for commands with five	e - 20
AREA			R EQUIPMENT	PRT SPECIFIC	
Basketball Courts		_ Dodgeball		Basketball Court Full 1/2 Bikes	<u>'</u>
Racquetball Courts  Mallyball (minimum 10		_ Circuit/Streng NOFFS Bands		Bikes Treadmills	
Volleyball (minimum 10		Cones	•	Group Exercise Room	
Group Exercise Room		_ 001103		Track Secured Non	
Cycling Room		OUTDOO	R EQUIPMENT	Pool Lanes	
Track		Flag Football		: 50: 20::00	
TRX Outside Box	_	_ Soccer			
Outdoor Grass Field		_ Cones	** Dodgeball, Basl	ketball, Wallyball, Volleyball, and Picklebal	l are
Pool			not considered co	ommand PT.	
NOFFS Zone			** Facility Peak ho	ours are 0500-0700 and 1500-1800 Monday	-Friday.
only has two lanes and it is	not optimal for run	ning PRT. Large	groups must run ii	luring pool hours of operation. The indoor n multiple waves and account for this in yo S Athletics at (401) 841-4732/1248.	

**RESERVATIONS:** Are on a first come, first served basis and are not guaranteed until a MWR Fitness Representative confirms the reservation. There is a 24-hour turnaround time for review for requests received Monday through Friday and 72 hours for requests received Saturday, Sunday or Federal Holidays. All reservations received after 1500 will be reviewed the following business day. PFA Reservations are accepted eight to ten weeks prior to PFA date. Organized non-sport command physical training sessions are accepted up to four weeks in advance. There is no civilian court reservations.

**MWR INSTRUCTOR GUIDELINES:** All commands may schedule a class led by an MWR Instructor. MWR needs a minimum of seven days to process requests for instructor-based classes to ensure an instructor can be scheduled. Forms may be submitted two-four weeks prior to the requested date. Ten person minimum is required. You can pick from any group exercise, yoga or NOFFS format. Some

specialty classes, such as Yoga, may depend on instructor availability.