Car Show Series
Saturday, July 8 • 7:30 a.m. to 1 p.m.
Dewey Field - Naval Station Newport, RI

We invite all car enthusiasts to Naval Station Newport offering beautiful views of Newport Bridge and Narragansett Bay with Historic Naval War College as your backdrop. Come show off your car!

Show car entry fee is $10.00 (upon arrival) and spectators are FREE! Food and beverages available for purchase. Cash and credit cards are accepted.

Registration is required for all spectators and car show participants, and you must use Gate 1 to enter Naval Station Newport. Register at https://mwrnewport.as.me/schedule.php or scan the QR code from your mobile device, registration opens on June 9.

The Officers’ Club Deck will open at 4 p.m. on Tuesday, July 4 for an A la carte cookout buffet until 8:30 p.m. The Repercussions will play Reggae & Rock Music from 6 to 9 p.m.

Seating is first come, first served - best place to watch the City of Newport’s Fireworks, beginning at 9:15 p.m.

Open to all patrons with a valid ID and base access.

We’re looking to add more food trucks this year...Interested?
Email: NewportOfficersClub@gmail.com.

Does your company want to be a sponsor of our event?
Email: NavyLifeNPT@gmail.com

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JOHN H. CHAFEE FITNESS CENTER 401-841-3154 or 401-841-2512 • POOL 401-841-6628
The fitness center is 100% ID check, open to active-duty personnel, retirees, reservists, dependents, veterans (100% disabled) & DoD civilians. Contractors, retired DoD civilians, veterans (and caregivers) are NOT eligible to use the fitness center.

YOUTH ORIENTATIONS
Orientations are available seven days a week, but sign-ups are required. Fill out a youth orientation form at the John H. Chafee Fitness Center. Children ages 10 to 14 years old* may use the fitness facility after receiving a youth orientation from a certified fitness specialist. The program is intended to introduce youths and their guardians on how to exercise in a safe and supervised environment. After completion of the program, the youth can use all authorized cardio and or weight equipment with the supervision of a parent or legal guardian. *Refer to MWR Naval Station Newport Fitness Age Authorization Chart.

PICKLEBALL
Sundays 11:30 a.m. to 1 p.m. - Novice to beginner, Sundays 1 to 2:30 p.m. & Tuesdays 6 to 7:30 p.m. - Advanced Beginner to Advanced. Pre-registration is required at https://mwrnewport.as.me/schedule.php, limited space, walk-ins are not permitted.

ADVANCED BEGINNER/INTERMEDIATE PICKLEBALL CLINIC
Sat, Jul 8 from 12 to 1:30 p.m.
Sat, Jul 15 from 12 to 1:30 p.m.
This clinic will coach you through third shot drop, cross court dinking, resets, game strategy and more. Dave Sampson who is a certified Pickleball coach will lead both clinics. Maximum of eight and minimum of four players. Sign-up for one or both clinics. Pre-registration is required https://mwrnewport.as.me/schedule.php, limited space, walk-ins are not permitted.

OUTDOOR LIBERTY BELL TRAINERS CHALLENGE
Wed, Jul 12, 7-8 a.m. & 12-6 p.m.
Come to the gym and don’t you fear, you will exercise like Paul Revere. Minuteman drills performed on a ladder, we will make this workout matter. First with liberty, you will swing a bell. Next, you will swiftly run like hell. The reps will climb, the reps will fall, come try the this challenge, one and all! Prizes awarded to the top male/female. Pre-registration is required at https://mwrnewport.as/me/schedule.php, limited to 10 participants per half hour.

MWR GOLF LEAGUE
Season: Mon, Jul 10 - Sun, Oct 1
Participants will try to play one 9-hole round of golf per week, at a course of their choosing or convenience. Patrons will then submit their score to ChafeeSports.NPT@gmail.com by the end of each week. Points will be awarded each week and overall rankings will be updated weekly. Prizes will be awarded at the end of the league. Registration for the league will take place at the fitness center front desk and participants may join the league at any time.

MWR TENNIS LEAGUE
Season: Mon, Jul 10 - Wed, Sep 27
Participants must register at the John H. Chafee Fitness Center front desk to be eligible to participate. Match-ups will be created by the MWR Sports Coordinator and then participants will have one week to correlate a time for their match-up with their opponent. Contact information for all participants will be provided at the beginning of each week by the sports coordinator via ChafeeSports.NPT@gmail.com. Rankings will be updated weekly and posted in the fitness center as well as sent out to league members via email. All games will be self-refereed by participants using the honor system and games will be best out of three. Prizes will be awarded to top overall participant at the end of the season.

SNAG GOLF CLINIC FOR KIDS
Sat, Jul 15 from 9 to 10 a.m.
Learn the basics of the golf swing, clubs will be provided. This clinic is open to boys and girls ages 6 to 12 years old, must be accompanied by a parent or guardian who is an authorized patron (Active-duty personnel, Reservist, Retiree or DoD civilian). The instructor is David Maloney who is a certified Titleist Performance Junior Coach and has been named in the top 50 best Golf Fitness Instructors by Golf Digest 2022. Pre-registration is required, limited to 12 participants https://mwrnewport.as.me/schedule.php.

ADULT GOLF SWING CLINIC
Sat, Jul 15 from 10 to 11:15 a.m.
The clinic goes over driving, hybrids, chipping and putting. Participants must bring their own clubs. Participants who sign-up by Saturday, July 8 will be entered into a drawing to join Dave at a local golf course for a 9 hole playing lesson on Saturday, July 15 (weather permitting), winners will be announced on Sunday, July 9. The instructor is David Maloney who is a certified Titleist Performance Junior Coach and has been named in the top 50 best Golf Fitness Instructors by Golf Digest 2022. Pre-registration is required at https://mwrnewport.as.me/schedule.php, limited to 10 participants.

UPCOMING AUGUST EVENTS

SUNRISE YOGA
Sun, Aug, 13 at 8:30 a.m.
Join us for our annual sunrise yoga, enjoy the scenic views of Narragansett Bay while breathing in the fresh morning air. This event the year will be held on the Officers Club Deck. Refreshments will be served afterwards. Pre-registration is required at https://mwrnewport.as/me/schedule.php, limited space, walk-ins are not permitted.

DOG DAYS OF AUGUST PICKLEBALL LEAGUES
Thu, August 10, 17 & 24
Round robin format with a maximum of 12 and a minimum eight participants, substitute sign-ups available. Great prizes for top two finishers. Sign-ups at the John H. Chafee Fitness Center.

Advanced Beginner – Low Intermediate 4:30-6 p.m.
This advanced beginner league is for those players who know the basics of the game, have been playing regularly and are honing their skills. You can expect friendly competition in a round-robin format.

Intermediate 6:15-7:45 p.m.
This Intermediate level league is for those with the appropriate skill level and who are interested in competitive play (and fun, of course!).

To rent items from Go Rec Rental, visit https://myfr. navyaims.com/wbwsc/midlantrc.wsc/wbsplash.html?wbsi=f66257cc-f741-1dae-7d14-0978602fd75e&cocode=NSNPT
*Must be done on computer/laptop, reservation system will not work on any mobile device.

For quick link visit NavyLifeNPT.com/recreation/gorec-rental and click the reservation link.

Reservations must be made by Tuesday before pick up date, with credit card payment required at the time of booking. Equipment is available to be picked up on Thursday or Friday and returned on Monday or Tuesday ONLY between 9 a.m. to 2 p.m.
**NAVSTA NEWPORT MWR | LEISURE BAY INTERNET CAFE**

**HOT FOOD**

11:00 AM to 12:30 PM MON - FRI

Rotating menu of quesadillas, burgers, mac & cheese, grilled sandwiches, wings, nachos & more!

Purchase Starbucks coffee, drinks, plus a selection of salads, sandwiches, wraps, chips, cookies and more!

Hours: Mon-Fri: 9 a.m. to 2 p.m. (drive thru opens at 6:30 a.m.)
Weekends/Holidays: 9 a.m. to 3 p.m.

**NAVSTA NEWPORT MWR | SEAVIEW LANES**

Join us at Seaview Lanes Bowling Center for a friendly game of bowling! This 12-lane center offers ten-pin bowling with a state-of-the-art electronic scoring and sound system, as well as automatic bumpers for kids. $3.50 per game, per person and $2.25 shoe rental, per person. Mon & Tue: Closed; Wed-Fri: 4-8 p.m.; Sat & Sun: 12-8 p.m.; Fed Hol: 12-6 p.m.

PLAN YOUR NEXT EVENT WITH US!

- BIRTHDAY PARTIES
- SOCIALS
- COMMAND PARTIES

EMAIL US TODAY TO BOOK YOUR EVENT!

**GOTickets**

Looking to purchase tickets? We’ve got tickets!

Download the inquiry forms located at NavyLifeNPT.com/recreation/gotickets and email forms to MWRGOTickets@gmail.com.

GOTickets doesn’t have what you’re looking for? If you’re Active Duty Military, Guard or Reserve, U.S. Coast Guard, Retired Military, and DoD civilians go to Americanforcestravel.com and sign up!

An MWR joint service transformation initiative has resulted in the first official online vacation travel site, American Forces Travel™, with Priceline® as the service provider. The site offers travel deals and benefits just for you! American Forces Travel™ provides access to a wide selection of discounted rates on hotels, air fare, rental cars, vacation packages, cruises and much more!

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**NAVSTA NEWPORT MWR | COMMUNITY RECREATION CENTER**

**Clubs – Liberty – Seaview Lanes – Building 656**

**Pizza Buffet**

Wednesday: 11 a.m.-2 p.m.

**Taco Buffet**

Thursday: 11 a.m.-2 p.m.

**Build Your Own Burger**

Friday: 11 a.m.-2 p.m.

Buffets are dine in only and also include full salad bar.

Full menu: www.navylifeepcon.com/dining/enlisted-club

**DINE ON THE GO**

Short on time? Order online!

Order from the pizza menu and pick it up in Seaview Lanes! Available Wednesday-Sunday!

DOWNLOAD THE APP OR ORDER ONLINE:

https://www.dineonthegomidlant.com/order-online/

**NAVSTA NEWPORT MWR | AUTO SKILLS CENTER**

Open: Friday 12 to 5 p.m.
Saturday & Sunday: 9 a.m. to 4 p.m.
Monday-Thursday: closed

- Auto Skills Center is open first come, first served. Patrons must sign in at front desk before driving vehicle into Bays 1-7.
- Children under the age of 10 years old are not allowed inside the Auto Skills Center.
- NO PAINTING, GAS TANK WORK OR WASHING OF THE ENGINE COMPARTMENT.
- We accept used oil, transmission fluid, brake fluid, and oil filters, free of charge during hours of operation.
- Car wash open 24 hours/7 days a week. Located in Bay 8. The self-service automated system includes options for foam wash, rinse, spot free rinse, wax, and drying.
- The car wash shuts down in extreme cold weather. The car wash starts off at $3 and only accepts $5 & $10 bills and does not give change.
- The change machine located inside front door, available 24/7. Additional amenities include vacuums, car products and FREE air for tires.
Lobster Night
Thursdays
4 to 8 p.m.

BBQ Night
Fridays
4 to 8 p.m.

Summer Concert Series
Officers' Club deck 5:30 to 8 p.m.
Open to all patrons with base access.

Join us Fridays from 5:30 to 8 p.m. for FREE music on the deck!

Jul 7 - Moment's Notice - 60's-70's & Originals
Aug 4 - The Naticks - Rock
Jul 14 - The Copacetics - Ska, Reggae, Rocksteady, Soul, Blues, Doo Wop & Jazz
Aug 11 - The Repercussions - Reggae & Rock
Aug 18 - Back in the Day - Rock & Roll 80's Tribute Band
Aug 25 - Changes in Latitudes - Jimmy Buffet Tribute Band

Jul 21 - Chelley Knight & The Dope Things - Pop, Rock, R&B
Jul 28 - Island Time Steel Band - Soca, Caribbean Island, & Reggae

The information contained in this issue was current at the time of publication. Activities, events and hours of operation are subject to change. All events are open to patrons with a valid ID and base access unless otherwise noted. The Department of Navy does not endorse any company, sponsor or their products or services.
Naval Station Newport
Fleet & Family Support Center
1260 Peary Street
Newport, RI 02841
COM: 401-841-2283
DSN: 312-841-2283
ffsc_nwpt@navy.mil
SAPR Unit Victim Advocate 24/7
401-450-2327
Current newsletter:
NavyLifeNPT.com/info/newsletter

Local & National Resources
NS Newport FFSC Programs

• Exceptional Family Member Program (EFMP)
• Deployment Support Program
• Relocation Assistance Program
• Ombudsman Program
• Life Skills Education Program
• Family Employment Readiness Program
• Personal Financial Management Program
• Clinical Counseling (non-medical)
• Family Advocacy Program
• Transition Assistance Management Program
• Sailor Assistance and Intercept for Life (SAIL)
• Sexual Assault Prevention and Response (SAPR)

NS Newport Housing Referral Office
Naval Station Newport Housing Office is here to assist you in locating a home and provide residential housing options. Housing Referral Office will process your housing application for PPV housing, which are currently available.

Our PPV Partner, NAVSTA Newport Homes, offer move-in ready two, three, and four-bedroom homes to accompanied service members, which include fully equipped kitchens and outdoor entertainment space. On a space available basis, homes are available for unaccompanied personnel to share.

Other Property Features:
• Utilities Included
• Community Center with fitness rooms
• Curbside trash & recycle pickup
• Lawn care service
• On-site Management & Maintenance
• Picnic Areas & Playgrounds
• Pools & Sport Courts
• Pet Friendly Community

For more information, call (401) 841-2232 or email NewportHousing@navy.mil

Visit DiscoverNewport.org for destination information, events, attractions, lodging and more.
401.845.9130

Naval Hall Galley

Hours of Operation
Breakfast 6 to 8 a.m.
Lunch 11 a.m. to 1 p.m.
Dinner 4:30 to 6:30 p.m.

Prices
Breakfast - $4.30
Lunch - $6.85
Dinner - $5.95

Phone Numbers
Galley Office (401) 841-1083
Food Service Officer (401) 841-2048
Menu Recording (401) 841-4445

The galley is not open to retirees or civilians.
Rations-in-kind customers eat for free with valid ID card.
Credit and debit cards are accepted forms of payment.